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Adventist 港 Health 安

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香港港安醫院•司徒拔道



Operative Hysteroscopy **宮腔鏡手術**

Information on Common Gynecologic Procedures 常見婦科手術資料



Operative hysteroscopy is a minimally invasive procedure performed using a hysteroscope, a thin tube with a camera and light on the end. The hysteroscope allows the doctor to visualize and operate on the uterine cavity through the cervix, without the need for any incision.

宮腔鏡手術是一種微創手術。宮腔鏡的管徑很小,管尾有攝影 機和燈光,可讓醫生透過子宮頸,直接視察子宮內,不需要任 何切□。

When is an Operative Hysteroscopy Needed? 哪些情況應考慮接受宮腔鏡手術?

Operative hysteroscopy may be recommended for a variety of conditions, such as:

- Abnormal uterine bleeding
- Uterine polyps or fibroids
- Suspected endometrial cancer
- Infertility

宮腔鏡手術可用於處理多種情況,包括:

- 異常子宮出血
- 子宮瘜肉或子宮肌瘤
- 懷疑子宮內膜癌
- 不孕症

A How do I Prepare for an Operative Hysteroscopy? 接受宮腔鏡手術前須知

Prior to undergoing operative hysteroscopy, you may be asked to fast for a certain period of time and to stop taking some medications in advance. You will need to arrange for a family member or friend to accompany you home after the procedure.

在進行宮腔鏡手術之前,您需要按照醫生的指示作準備。這可能包括禁食一段時間,停止服用或使用某些藥物,以及安排手 術後由家人或朋友陪同出院。

What can I Expect After an Operative Hysteroscopy? 接受宮腔鏡手術後注意事項

After the procedure, you may experience some abdominal discomfort or cramping, as well as light bleeding or discharge. You should avoid sexual intercourse and using tampons for two weeks.

進行宮腔鏡手術後,您可能會感到一些下腹不適,以及輕微出 血或出現分泌物。您應在兩星期內避免使用衞生棉條,及避免 行房。



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